

SUBJECT INDEX

This index includes terms and concepts not found in Chapter 5: Materia Medica. Plants are listed by common name, with the scientific name in parentheses when available. For medicinal plant names in Chapter 5: Materia Medica, please see the Common Name Index and the Scientific Name Index. Page numbers in italics indicate photographs.

A
abia, 4, 18
Abraham-bush (rock bush, *Phyllanthus epiphyllanthus*), 227
African ancestors of Bahamian slaves, 3–5, 8, 31
African energetics system, 30
African ethnomedicine in New World, 5, 7–9, 18
Age of Discovery, 37–39
agricultural practices on SSI, 270–78
agwu, 4
airstrip installation, 42
ala, 4
alcoholic beverage additives, 26–27, 225, 233–34, 235, 237
alkalizing decoctions, 26, 241
Allen, Mary, portrait of, 253, 253
almond leaf (*Terminalia catappa*), 235
aloe (*Aloe vera*), 16, 238, 240
Amerindian and European influences, 9
Anderson, Susilee, portrait of, 251, 251–52
animals and insects on SSI, 36–37

animals in the farm economy, 279
Antilles current, 34
appetite stimulation, 27
Arawaks, 37
arthritis treatments, 238, 239, 240, 248
Arvigo, Rosita, 29, 46
asafetida, 20
ashes, medicinal use of, 26, 227, 230, 239, 241
aspirin, 234–35
avocado, 270
Ayurveda, 30

B
“bad medicine,” 19–20
Bahama Banks, 33
Bahamas, Amerindian and European influence in, 9
Bahamas National Trust, 23, 43
Bahamian Field Station. *See Gerace Research Centre*
Bahamian hutia, 36
baking soda, medicinal use of, 235

banana (*Musa nana*), 7, 8, 33, 276, 279
“banana holes,” 33, 270
bartering and selling, 278–79, 282–84
bayberry tree (*Pimenta racemosa*), 235
bay cedar (*Suriana maritima*), 36
bay geranium (*Ambrosia hispida*), 22, 27, 36, 236, 238
bay hops (*Ipomoea pes-caprae*), 240
bay lavender (*Tournefortia gnaphalodes*), 36
bay lily (*Hymenocallis arenicola*), 241
bay rum, medicinal use of, 235
bay thyme. *See bay geranium*
beans, 270, 273, 276, 277, 279
Beech, Wooster, 9
beefwood (*Guapira discolor*), 36
beets, 276, 277, 278
belief systems, 15, 17–20
Bengay, 235, 238
benne (sesame), 276
birth bundles, 224, 226
Black “doctors,” 9
blackland, 36, 275–77, 288